

Family Survey - final

Identification, diagnosis and early intervention for young children with autism spectrum disorder (ASD)

A survey study to improve support for young children with ASD

Before you respond to the survey, we want to explain the reason for this research and what it will involve for you. Please take the time to read this information carefully. For more information, do not hesitate to contact Ricardo Canal (rcanal@usal.es).

The survey is designed to collect information from people who have or have recently had any direct involvement with screening, diagnosis or treatment services for young children under 6 years of age with ASD. Direct involvement means you are a close family member of a child under 6 years of age who has received any of those services and knows firsthand this kind of services for children under 6 years of age that are provided where the child lives.

The objective of the survey is to gather the opinion of each of the respondents about the clinical services for early detection, diagnosis and treatment for children with ASD under 6 years of age. Specifically, the aim is to gather information about the personal experiences that the respondents have had in relation to these issues, including age of identification and diagnosis; demographic characteristics of families; opinions on the organization of services for young children with ASD; and suggestions for ways to improve this type of service.

Ethics approval has been given by the University of Salamanca. Copies of the ethics approval letter are available if you wish to see them.

We will not ask for any identifying information – e.g. your name, your full address Participation will last approximately 15 minutes.

Thank you for taking the time to read this Information. If you wish to complete this survey, please check all the following items

Please read the consent form below.

I have read and understood the survey information sheet

I understand that all data collected from this survey will be anonymously coded and stored confidentially and securely

I am willing to take part in this research survey

If you wish to complete this survey, please click "I agree to participate" to continue

| Ιa | gree to participate |
|--------------|---------------------|
| O | Yes |
| \mathbf{O} | No |



BACKGROUND INFORMATION The questions in this initial section will ask you about your gender, where you live, your age, your education, the current monthly household income of the family the child with autism live in (optional), the number of people living in your home, and three more questions about age, gender and verbal ability of the child with autism.

| ability | or the child | ı willi au | usiii. | | | | | | | |
|--|--|--|---------------------------------|-----------------------|-----------|----------|--------|---|------|----|
| | ase select y ountry ty | your cou | ntry and | d city of | residend | e | | | | |
| 2. Ger O Ma | ale | | | | | | | | | |
| | v old are yo | ou? | | | | | | | | |
| O Mo O Gr O Sik | at is your re other or fath andparent oling her, please | ner | | the child | I with au | tism? | | | | |
| O Le O Be O Be | v many peoss than 10.0 tween 10.0 tween 50.0 tween 150 ore than 1.0 | .000. 000 to 50 000 to 15 .000 to 1 | 0.000. 50.000. 1.000.00 | · | lity wher | e you re | eside? | | | |
| O No O Pri O Se O Un O Pro | ase indicate formal ede mary educt condary so liversity des ofessional sollege Educ | ucation of ation (or chool, Higgs etc.) | completo similar: gh scho | ed : elemer ool | ntary, mi | ddle sch | | | | |
| 7. Hov | v many peo | | | ently in | I | | l . | I | ASD? | |
| Numb | 1 ar | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

8. This question is optional: Please state the current monthly household income (currency in the relevant country)

of people



| 9. What is the child's with ASD age? |
|--|
| 10. Child's genderO MaleO Female |
| 11. What is the child's verbal ability? O Does not talk O Uses single words only (e.g. "daddy", "mommy") O Uses two- or three- word phrases (e.g. "want cookie") O Uses sentences with four or more words (e.g. "I want a biscuit") O Uses complex sentences (e.g. "When we get home, can I have a biscuit?") |
| DETECTION In this section you are going to answer questions about the process of detecting the child's difficulties with ASD before knowing the diagnosis. After this section, there will be another specific for the diagnostic process. |
| 12. How old was the child when you or someone else first have concerns about he/she had developmental problems? (Table Truncated to 63 Columns) |
| 13. What was that first concern? Apply more than one, if any □ Does not direct large smiles or expressions of joy to the adult at 6 months □ Does not exchange sounds, smiles or facial expressions since 9 months □ Do not babble at 12 months □ Does not make gestures (pointing, saying goodbye by hand, etc.) at 12 months □ Does not say simple words at 16 months |
| Does not say spontaneous phrases of 2 words (not simply echoics) at 24 months ANY loss in ANY area (language or social skill) at ANY age Other. please, specify |



| | The person who raised the first concerns about the child's development was based (check all that apply) |
|-----|---|
| | His / her knowledge about this child with ASD |
| | His / her own experience and knowledge on child development in general |
| | A questionnaire we filled in the doctor's office/ school (name of the questionnaire if you remember it) |
| | A program specifically aimed at identifying problems on communicative and social development available in health / school / social services in my city. |
| | Other. Please, specify |
| | Do you consider it was easy to have access to information about programs and |
| | ly detection services where you are residing? |
| | Yes |
| • | No |
| Ple | ase, explain why |
| 17. | What was the next step in the detection process? |
| | We ourselves had to look for a diagnostic service |
| | Someone gave us a phone call to refer us to a diagnostic service |
| | We received a letter with a medical appointment from the hospital |
| | The professional who had the first concern refer us directly to a specialized service |
| J | Other. Please, specify |
| 18. | How much time (in months) passed from the confirmation of the first concerns until |
| the | child was attended by an autism specialist? |
| O | Less than 1 month |
| O | From 1 to 2 months |
| O | From 3 to 4 months |
| O | From 5 to 6 months |
| | More than 6 months |
| 0 | Other. Please, specify |
| | Did you have any professional guidance and support to address your first |
| | ncerns? |
| | Yes No |
| • | NO . |
| Ple | ase check all that apply if it was more than one. |
| | Paediatrician |
| | Psychologist |
| | Psychiatrist |
| | Nurse |
| | Neuropediatrician |
| | Kindergarten/school teacher |
| | Other, Please specify: |



20. How adequate do you consider the detection process?

| | Extremely adequate | Moderately adequate | Slightly adequate | Neither adequate nor inadequate | Slightly inadequate | Moderately inadequate | Extremely inadequate |
|--|--------------------|---------------------|----------------------|--|------------------------|-----------------------|----------------------|
| Detection process followed by the diagnostic evaluation | 0 | 0 | 0 | • | • | • | • |
| The staff's qualifications who attend the child during the detection process | • | • | O | • | • | • | • |
| The degree to which the professionals involved in the process listened and took into account your concerns | • | • | • | • | • | • | • |

21. If you have any suggestions about the detection process of early ASD signs, please specify

DIAGNOSIS In this section you will be asked about the diagnosis process of ASD. We are interested in your perception of the direct care you have been receiving at the different centers or institutions that have cared for your child during the diagnostic process. The questions incorporated in this section refer to all professionals and institutions that have been directly involved in the diagnostic process of your child, and with whom you have been in direct contact. They can be, for example, family doctors, pediatricians, nurses, physiotherapists, speech therapists, psychologists, teachers, etc.

| 22. | Has | the | child | received | anv | of the | e folla | owina | diagno | ses? |
|-----|-------|------|-------|----------|------|--------|---------|------------|---------|-------|
| | i iuu | 1110 | OHILL | 10001104 | arry | O1 111 | | 2 44 11 19 | alagine | ,000. |

- Autism Spectrum Disorder (ASD)
- O Pervasive Developmental Disorder
- Autistic Disorder / Childhood autism
- O Asperger's syndrome /Asperger's disorder
- Atypical autism
- O Pervasive developmental disorder not otherwise specified
- O Other. Please, specify _____



| 24. Do you recall how passed (approximately), from the suspicion of the child's |
|---|
| developmental problems until the diagnosis confirmation? |

23. At what age was your child given an autism spectrum disorder diagnosis?

| \mathbf{O} | Less than 1 month |
|--------------|------------------------|
| \mathbf{O} | From 1 to 2 months |
| \mathbf{O} | From 3 to 4 months |
| \mathbf{O} | From 5 to 6 months |
| O | More than 6 months |
| \mathbf{O} | Other. Please, specify |



25. To what extent did the professionals who attend your child...

| | A lot | Quite | Regular | Little bit | Very little | Never |
|---|-------|-------|---------|------------|-------------|-------|
| Took enough time to talk to you about your child's problems? | • | O | • | O | 0 | O |
| Helped you feel more secure about yourself as a parent? | • | O | • | O | 0 | • |
| Offered support, as well as information? | O | • | • | • | • | • |
| Gave you the opportunity to make decisions about using different tests? | • | O | • | O | • | O |
| Informed you about the results of your child's assessment? | • | O | • | O | 0 | O |
| Gave you information about the services offered by institutions or other services in your community? | 0 | O | • | O | O | O |
| Gave you advise on how to access more information or how to contact other parents in the same situation (e.g. contact with parent organizations | 0 | 0 | • | 0 | 0 | 0 |



| or specialized centers)? | | | | | | | | |
|--|---|--|---|--|-------------------|---|--|--|
| were they coordinated so that all the services involved provided information to arrive at a coherent diagnosis? | • | O | • | O | O | 0 | | |
| 26. Which professionals assisted you in the diagnostic process? Apply more than one, if any Psychologist Pediatrician Nurse Neuropediatrician Psychiatrist Other. Please, specify | | | | | | | | |
| EducationaSocial needMaterials (I | report? (Ch sufficient in eds (specia Il needs (ce ds (organiza | neck the box formation) A lists, medicir ntres, suppo ations, family r, agencies, v | of the aspect pply more that ne, genetic court) | ts on which yan one, if any ounselling) | you received / | | | |

28. Did you receive written information about the diagnosis?

YesNo



29. How adequate do you consider the diagnostic process?

| | Extremely adequate | Moderately adequate | Slightly adequate | Neither adequate nor inadequate | Slightly inadequate | Moderately inadequate | Extremely inadequate |
|--|--------------------|---------------------|----------------------|--|------------------------|-----------------------|----------------------|
| The time passed since the first suspicion of developmental problems until the confirming diagnosis | 0 | • | 0 | • | 0 | • | • |
| The professional level of the personnel who attended the child in the diagnostic process | 0 | • | • | • | • | • | • |
| The information and support you received by these professionals | 0 | • | • | • | 0 | • | • |
| The evaluation process and diagnosis | • | • | • | • | 0 | • | • |

30. If you have any suggestions for the diagnostic programs, please specify

EARLY INTERVENTION In this section of the survey you will be asked about the type and quantity of Early Intervention services that your child has received in the last 12 months. You will be asked to say the time that passed since they received the diagnosis of their child until the treatment began, type of intervention your child receives, how many hours of treatment your child usually receives per week (For example, if your child receives 1 hour of therapy every 2 weeks, you should enter 0.5 hours per week), the degree of your involvement in the treatment, and your opinion about the treatment your child receives

| 31. | Does the | child | currently | receive | early | interve | ntion? |
|-----|----------|-------|-----------|---------|-------|---------|--------|
|-----|----------|-------|-----------|---------|-------|---------|--------|

- O Yes
- O No, but the child has received until less than 12 months
- oN C



| inte | I. Do you remember how much time passed since your child's diagnosis until the rvention program started? Yes. Please, specify (in months) No |
|-----------------|--|
| curr | 2. Could you say what type of intervention, both private and public, the child ently receives? Public. Please, specify Private. Please, specify |
| | 2.1. How many public intervention sessions does the child receive on a weekly is? Please indicate how long each session lasts on average |
| | 2.2. How many private intervention sessions does the child receive on a weekly is? Please indicate how long each session lasts on average |
| | 3. How are the intervention sessions? (You can select more than one option) In group Individual Other. Please, specify |
| O (| To what extent do you participate in the intervention sessions with your child? Very actively Actively Occasional participation I don't participate |
| Plea | ase, explain why |
| 33. | How far is the centre where your child with ASD receives regular interventions? |
| 34. | How long does it take you to get to that service? |
| O O O | I. How long the child does not receive early intervention? Less than a year Between 1 and 2 years Between 2 and 3 years More than 3 years The child has not received any intervention |
| inte | 2. Do you remember how much time passed since your child's diagnosis until the rvention program started? Yes. Please, specify (in months) |



| 31.3. Could you say what type of intervention, both private and public, the child received? Public. Please, specify Private. Please, specify |
|--|
| 31.3.1. How many public intervention sessions did the child receive on a weekly basis? Please indicate how long each session lasted on average |
| 31.3.2. How many private intervention sessions did the child receive on a weekly basis? Please indicate how long each session lasted on average |
| 31.4. How were the intervention sessions? (You can select more than one option) ☐ In group ☐ Individual ☐ Other. Please, specify |
| 32. To what extent did you participate in the intervention sessions with your child? Very actively Actively Occasional participation I don't participate |
| Please, explain why |
| 33. How far was the centre where your child with ASD received regular interventions? |
| 34. How long did it take you to get to that service? |



35. Has your child received

| | Yes | No |
|--|----------|----|
| Behavioural treatment (e.g. Applied Behaviour Analysis (ABA); Pivotal Response Training (PRT); Lovaas; Discrete Trial Training (DTT)) | 0 | • |
| Developmental treatment (e.g. Relationship Development Intervention (RDI); Early Start Denver Model (ESDM)) | • | • |
| Relationship-based treatment (e.g. Developmental Individual Difference Relationship based (DIR Model) Floortime; Thérapie d'Echange et de Développement (TED)) | • | • |
| Portage intervention | O | O |
| Psychoanalytic treatment | O | O |
| Speech and language therapy | • | • |
| Occupational therapy / physiotherapy | • | • |
| Parent training / coaching /counselling to help you with your child | • | • |
| Another psychological / educational / behavioural treatment (not previously specified) | 0 | 0 |



36. How adequate do you consider the intervention process?

| | Extremely adequate | Moderately adequate | Slightly adequate | Neither adequate nor inadequate | Slightly inadequate | Moderately inadequate | Extremely inadequate |
|---|--------------------|---------------------|----------------------|--|------------------------|-----------------------|----------------------|
| The waiting time to receive a public/private intervention program | • | • | 0 | 0 | • | 0 | • |
| The number of sessions that the child receives | • | 0 | • | • | • | 0 | 0 |
| Your level of participation in the intervention sessions | O | 0 | 0 | O | 0 | 0 | • |
| The information that you received about the intervention programs | • | • | • | • | • | • | • |

37. If you have any suggestions for early intervention programs, please enter it below